



Health Matters Newsletter
July 21, 2023
Today's Health Matters Includes:

- OCCHN Meeting Schedule
- Community Meetings
- Extreme Heat Links and Resources
- Building Hope Through Climate Action- Attached
- Age Friendly Grants
- Cowichan Food Resources and Let's Talk Conversation Resources



Community Meetings

- ✓ **Next Admin Committee Meeting To be Determined**
- ✓ **Next Our Cowichan Network Meeting September 14 in person- location to be determined**
- ✓ **Next EPIC Committee Meeting- To be determined zoom call** contact Cindy cindylisecchn@shaw.ca for access
- ✓ **Cowichan CAT – July 27 2023, 10 am -noon** contact Johanne Kemmler for access Johanne.f.kemmler@gmail.com

Extreme Heat Links and Resources

- ✓ **Please check on neighbours or vulnerable family members and friends. Remember children are also extremely vulnerable**
- Warmland Shelter during the day

- General population can seek out air-conditioned spaces in Community Centre lobby's, libraries, shopping centres, seniors' centres, seniors housing meeting spaces, friends or family with air conditioning or cooler home options

Attached are some multilingual social media graphics on how to stay cool in the heat. Please feel free to share these with your communities.

Social media posts on ways to stay cool:

FB:

<https://www.facebook.com/BCProvincialGovernment/posts/pfbid0u7vJBjddVXG7aLiCYwE62cHCMQCP4CectJVPuUKrU67XhtXpcs5wvGULSbsn3wuPI>

TW: <https://twitter.com/BCGovNews/status/1549883922837688320>

IG: <https://www.instagram.com/p/CgQDk0NBDIL/?hl=en>

I would also like to highlight the following links which your networks will find helpful tools to be prepared and stay safe during heat events:

- Information about the BC Heat Alert and Response System: bccdc.ca/extremeheat
- Extreme heat and children <https://www.canada.ca/en/health-canada/services/publications/healthy-living/keep-children-cool-extreme-heat.html>
- PreparedBC's Heat Preparedness Guide: www.preparedbc.ca/extremeheat
- Environment and Climate Change Canada's weather alerts: https://weather.gc.ca/warnings/index_e.html?prov=bc
- Information about emergency alerts in B.C.: <https://www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc/evacuation-recovery/emergency-alerts>
- Heat exhaustion in children signs to watch for: <https://kidshealth.org/en/parents/heat.html>
- NEVER LEAVE CHILDREN OR PETS IN A CAR

Island Health Survey for Partnerships and Engagement Practices

July 19, 2023

Island Health is taking steps to improve our engagement and partnership practices and strengthen the inclusion of the voices of patients, clients, families and community partners in our decision-making processes.

Our goal is to establish a set of principles for partnership and engagement and to develop a standardized model to enable meaningful and successful engagement practice across Island Health. The principles and model are being informed by leading practice and input from staff, medical staff, leaders, patient partners, and partner organizations.

The principles and model will guide our partnership and engagement work across the organization, including as an important element the structures and processes being implemented through the Clinical Governance Improvement Initiative. Clinical Governance is the framework for accountability and decision-making that is the foundation for how we do our work and support our teams to deliver excellent care. It puts the focus on patient safety, continuous improvement of clinical practices and accountability for the outcomes of patient care.

As a leader in Island Health, if your work area is currently involved in, or planning to implement partnership and engagement activities, we kindly request your participation in [this survey](#). The purpose of the survey is to gather your feedback on a set of draft principles, as well as a proposed structure and supports for partnership and engagement across Island Health. The survey will be live until August 3, 2023.

This fall, we will be inviting you to complete an assessment of how Island Health can support purposeful and meaningful engagement at an organizational level, and will be hosting a series of focus groups to have more in-depth discussions about Island Health's new partnership and engagement model. If you are interested in participating in a focus group, you can sign up at the end of the survey.

We encourage you to distribute this message and invite any staff or leaders on your teams who you think would provide valuable input to complete the survey. If you have questions, please email experience@islandhealth.ca.

Building Hope Through Climate Action Report- attached

2023 Age-friendly Grants open on June 1



On June 1, 2023, British Columbia communities can apply for funding aimed at helping seniors lead independent, active lives.

Local and Indigenous governments and communities can submit applications for 2023 grants to BCHC starting June 1, 2023, and closing July 28, 2023. These governments may apply for a Stream 1 grant for as much as \$25,000 for age-friendly assessments and action plans or a Stream 2 grant for as much as \$15,000 for age-friendly projects.

[Read More](#)



Cowichan Food Resources- Attached

Do you have children or grandchildren in your life? Check out our newly updated [Let's Talk: Mealttime Conversation Cards for Toddlers & Preschoolers](#) and, for school-age children [Let's Talk Conversation Cards](#).

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Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the Friday Newsletter